

June 2005 on UNABRIDGED Audio

New York Times Bestseller

the sociopath next door by Martha Stout, ph.d.

NEBA & GLMWBA Best-seller

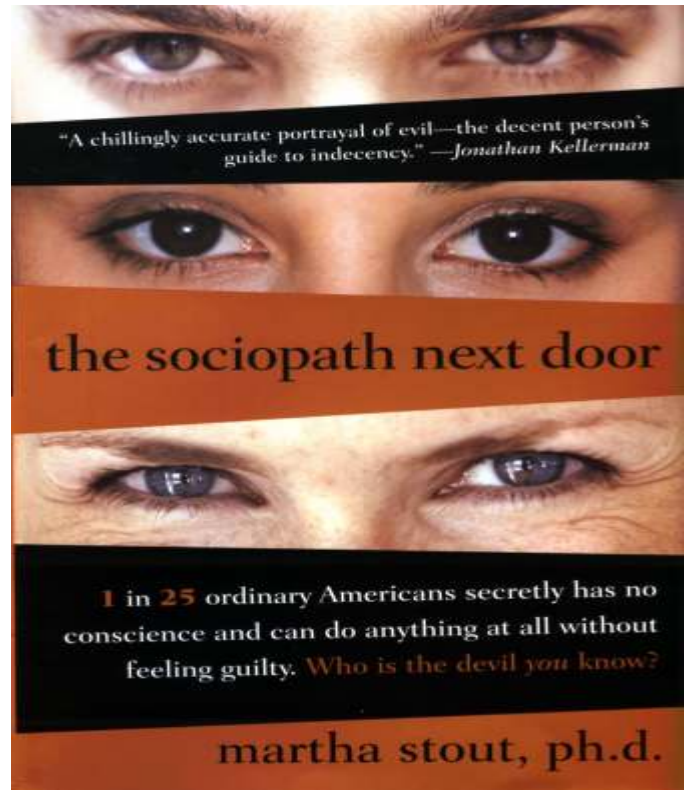
According to the American Psychiatric Association **1 in 25** ordinary Americans is a sociopath. The fact is, we all almost certainly know at least one or more sociopaths already, which is part of the urgency in reading *The Sociopath Next Door*. Dr. Stout reveals how to recognize and defeat the devil we know.

We are accustomed to think of sociopaths as violent criminals, but Harvard psychologist Martha Stout reveals that a shocking 4% of everyday Americans has an often undetected mental disorder, the chief symptom of which is that person possesses no conscience - no ability whatsoever to feel shame, guilt, or remorse- and is secretly a sociopath.

Is it the lying, cheating ex-husband? The sadistic high school gym teacher? The boss who loves to humiliate people in meetings? The colleague who stole another's idea and passed it off as her own? Who is this devil we know?

Filled with vivid case studies from contemporary life, Dr. Stout reveals how to recognize these seemingly charming but complex individuals, to question authority, suspect flattery, and beware the pity play. Most importantly, she teaches us how to arm against them and not join their game.

UNABRIDGED AUDIO - 7.5 hours	Category: Non Fiction/Self Help
Retail 1400101565	7 CDs \$29.99
Library Ed. 1400131561	7 CDs \$59.99
MP3 CD 1400151562	1 CD \$19.99



Read by Shelly Frasier

Praise for *the sociopath next door* (hardcover release February 2005):

"A remarkable philosophical examination of the phenomenon of sociopathy and its everyday manifestations...Stout's portraits make a striking impact and readers with unpleasant neighbors or colleagues may find themselves paying close attention to her sociopathic-behavior checklist and suggested coping strategies. Deeply thought-provoking and unexpectedly lyrical." ~**KIRKUS** *★Starred Review*

"Stout is a good writer and her exploration of sociopaths can be arresting." ~**Publishers Weekly**

"Stout offers a novel perspective on sociopaths...(and) also fashions the book in self-help mode. Highly recommended for all public libraries and for university libraries with large psychology collections." ~**Library Journal**

"A useful, if appalling guide to help you recognize conscienceless individuals.. [and] a heartening affirmation of the empathic mindset that comes naturally to the vast majority of humans." ~**O Magazine**

"A fascinating, important book about what makes good people good and bad people bad, and how good people can protect themselves from those others." **Harold S. Kushner**, author of *When Bad Things Happen to Good People*

Publicity

- National TV: Weekend Today (NBC), World News Now ABC, Connecting Coast to Coast (MSNBC)
- National Radio: Diane Rehm, NPR; Eye on Books
- National Print: Major Publications including *Psychology Today* first serial
- Regional Print & Radio campaigns
- Regional author tours

Martha Stout, Ph.D. was trained at the famous McLean Psychiatric Hospital and is a practicing psychologist and a clinical instructor in the department of psychiatry at Harvard Medical School. She is also the author of *The Myth of Sanity*.

Shelly Frasier has narrated over 40 audiobooks and has appeared in many independent film and theater projects in Los Angeles. She has developed character voices for animation projects and voice over work for commercials.



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