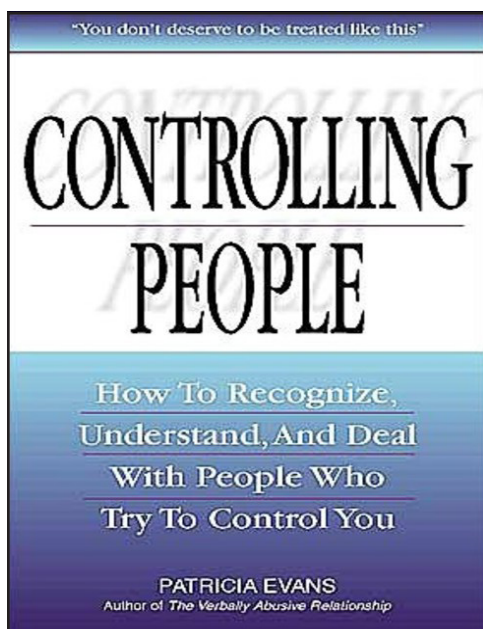


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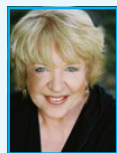
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Patricia Evans is a highly acclaimed interpersonal communications specialist, public speaker, and consultant. She has appeared on hundreds of radio shows and dozens of television programs, including *The Oprah Winfrey Show* and CNN. She is the author of several books on the topic of verbal abuse, the first of which, *The Verbally Abusive Relationship*, was praised by *Newsweek* as “groundbreaking.”

Author's residence: San Francisco Bay Area.

Xe Sands has more than a decade of experience bringing stories to life through narration and performance. Sands's characterizations are rich and expressive and her narrations evocative and intimate. She has also won multiple *AudioFile* Earphones Awards, including for her narration of *The Sweet Relief of Missing Children* by Sarah Braunstein.



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Patricia Evans

Controlling People

How to Recognize, Understand, and Deal with People Who Try to Control You

From small-scale incidents to large-scale issues, the author of the bestselling *The Verbally Abusive Relationship* explains the damaging nature of control and offers insight and advice to those who want to break the cycle.

Does this sound like someone you know?

—Always needs to be right

—Tells you who you are and what you think

—Implies that you're wrong or inadequate when you don't agree

—Is threatened by people who are “different”

—Feels attacked when questioned

—Doesn't seem to really hear or see you

If any of the above traits sounds familiar, help is on the way! In *Controlling People*, bestselling author Patricia Evans tackles the “controlling personality” and reveals how and why these people try to run other people's lives. She also explains the compulsion that makes them continue this behavior—even as they alienate others and often lose those they love.

Controlling People helps you unravel the senseless behavior that plagues both the controller and the victim. Can the pattern, or spell, be broken? Yes! says the author.

By understanding the compelling force involved, you can be a catalyst for change and actually become a *spell-breaker*. Once the spell is broken and the controller sees others as they really are, a genuine connection can be forged and healing can occur.

Should you ever find yourself in the thrall of someone close to you, *Controlling People* is here to give you the wisdom, power, and comfort you need to be a stronger, happier, and more independent person.

MARKETING

- Author of ***The Verbally Abusive Relationship***
- Author's Web site: www.patriciaevans.com

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