

# Why Can't I Get Better?

"If you have suffered from unexplained, chronic or hard-to-treat illness, this book is your pathway to health."  
—MARK HYMAN, MD, #1 New York Times bestselling author of *The Blood Sugar Solution*

## SOLVING the Mystery of LYME & CHRONIC DISEASE

RICHARD I. HOROWITZ, M.D.

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## Why Can't I Get Better?

### Solving the Mystery of Lyme and Chronic Disease

Richard I. Horowitz, MD, Patrick Lawlor

### Key Selling Points

- National print publicity
- Author events
- Outreach to Lyme organizations and online communities
- Author's residence: New York

From one of the country's foremost doctors comes a groundbreaking book about diagnosing, treating, and healing Lyme, and peeling away the layers that lead to chronic disease.

### Summary

You may not know that you have Lyme. It can mimic every disease process, including Chronic Fatigue Syndrome, Fibromyalgia, autoimmune conditions like MS, psychiatric conditions like depression and anxiety, and cause significant memory and concentration problems, mimicking early dementia. It is called the "Great Imitator," and inaccurate testing-combined with a fierce, ongoing debate that questions chronic infection-makes it difficult for sufferers to find effective care.

In this book, Dr. Horowitz:

- Breaks new ground with a Sixteen-Point Differential Diagnostic Map, the basis for his revolutionary Lyme treatment plan, and an overarching approach to treating all chronic illness.
- Introduces MSIDS, or Multiple Systemic Infectious Disease Syndrome, a new lens on chronic illness that may prove to be an important missing link.
- Covers in detail Lyme's leading symptoms and co-infections, including immune dysfunction, sleep disorders, chronic pain and neurodegenerative disorders-providing a unique functional and integrative health care model, based on the most up-to-date scientific research, for physicians and health care providers to effectively treat Lyme and other chronic illnesses.

Cutting through the frustration, misinformation and endless questions, Dr. Horowitz's enlightening story of medical discovery, science, and politics is an all-in-one source for patients of chronic illness to identify their own symptoms and work with their doctors for the best possible treatment outcome.

### Author Bio

Richard I. Horowitz, MD, a board-certified MD specializing in internal medicine, is cofounder of the Hudson Valley Healing Arts Center in Hyde Park, New York. Dr. Horowitz is known for his pioneering work with Lyme disease and is recognized to be one of the country's foremost experts on chronic illness. An *AudioFile* Earphones Award winner and Audie Award finalist, Patrick Lawlor is also an accomplished stage actor.

### Quotes

"If you have suffered from unexplained, chronic or hard-to-treat illness, this book is your pathway to health." -**Mark Hyman, M.D.**, author of *The Blood Sugar Solution*

"This synopsis not only provides a treasure trove of information about Lyme disease to patients and health care providers, it also offers a glimmer of hope for anyone suffering from chronic illness." -**Publishers Weekly**